

Organized by

South Asian Regional Pain Society & Indian Society for the Study of Pain

in collaboration with

The International Association for the Study of Pain

Theme: Patient Centric Pain Management

PRE-CONFERENCE WORKSHOP

Effective Communication and Brief Psychological Interventions in Persons with Chronic Pain

 Date : 25th September 2025 Timing: 09:30AM to 13:00 PM (Half Day) Venue: IIT Delhi Participants: 30 Seats only

About

Pain communication is necessary to build a better therapeutic relationship and provide professional and empathic communication. Many challenges health professionals face might arise due to communication difficulties. Mental health problems are quite common, which impact treatment, and hence, all healthcare professionals must have a basic understanding of mental health problems and provide brief interventions.

Benefits of attending the workshop

1. Communicating effectively with persons with chronic pain
2. Learning about do's and don'ts of effective communication
3. Mental health screening of a person with chronic pain
4. Understanding, diagnosing and managing mental health challenges
5. Providing Brief psychological interventions to people with chronic pain



Agenda of the Workshop

1. Introduction and setting up learning objectives
2. Pretest and pain quiz
3. Communication skills role plays – on discussing pain diagnosis, investigations and management
4. Communicating with persons with medically unexplained chronic pain
5. Mental Health in Chronic Pain- Discussion
6. Case vignettes and small group works
7. Demonstration of psychological intervention
8. Post-test and Feedback



Organising Faculty

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